



To: **The chairperson and members of
North Central Area Committee**

7th May 2024

**DONAGHMEDE & CLONTARF LEAS - CSDS UPDATE FOR THE
MAY MEETING OF THE NORTH CENTRAL AREA COMMITTEE**

Exercise classes – Month of April

Exercise chair aerobics classes were arranged during the month of April for the following senior citizen groups:

- St. Gabriel's Court
- Foxfield Kilbarrack
- The Tuesday Club, Marino.



Older People's Council (OPC) Meeting - 9th April

The North Central Area Older People's Council (OPC) met in April and have agreed the objectives for their yearly work plan. The next meeting is scheduled for Tuesday 14th May 2024.

St. Gabriel's Court – First Aid Course with Dublin Fire Brigade – 29th April

In conjunction with our colleagues from Dublin Fire Brigade, first aid training was delivered on 29th April to the tenants of St. Gabriel's Court, Clontarf. Invaluable instruction on all aspects of rendering first aid, including the vital administration of CPR and the use of defibrillators was given.



Opera Night – 15th May



The CSDS team are delighted with the overwhelming support shown for our Opera Night in St. Brigid's Church, Howth Road, Raheny, Dublin 5. This event is to celebrate the Bealtaine festival & all tickets have now been sold. The proceeds will go to charity.

Clongriffin Community Association Multi-Cultural Festival – 19th May

The CSDS team are pleased to support Clongriffin's Community Association with their multi-cultural festival, which is held annually in Fr. Collins Park. This year's festival will take place on 19th May.

Killester Blooms Community Garden – 25th May

Killester Blooms Community Garden is hosting a "Street Feast" in the garden on 25th May. The community team are pleased to support this event.

Clontarf Yacht & Boat Club – Events in June

The CSDS team are pleased to support the Clontarf Yacht & Boat Club with their inclusivity efforts, making sailing accessible for all.

They are currently working with: the Central Remedial Clinic Clontarf, St Michaels House Coolock, the Arch Club, MS Ireland & Oceans of Hope, with a number of events lined up with these organisations over the month of June.

Strawberry Fair - St. Anthony's House

The CSDS team are delighted to support St. Anthony's House annual Strawberry Fair which is being held this year on the 23rd of June.



Sheila Duffy

Senior Community Officer, Clontarf/Donaghmede LEAS.